



COLLEGE OF FOOD INNOVATION & TECHNOLOGY

CULINARY NUTRITION

PREPARE YOURSELF FOR CAREERS IN A GROWING INDUSTRY

Gain the skills and knowledge needed to meet the growing demand for healthy cuisine in restaurants, healthcare, athletics, health and wellness and more.

FIRST IN THE NATION

Our program, the first of its kind in the U.S., gives students:

Hands-On Learning

Small Class Sizes

Two Tracks to choose from:

- Culinary Arts
- Baking and Pastry

Expert Faculty

Our faculty support, mentor and teach students throughout their education. They also hold various credentials, including:

- Registered Dietitian Nutritionist (RDN)
- Registered Dietitian (RD)
- Certified Executive Pastry Chef (CEPC)
- Certified Dietary Manager (CDM)
- Certified Holistic Nutritionist (CHN)
- Certified Strength and Conditioning Specialist (CSCS)

INDUSTRY-FOCUSED COURSEWORK

After our common first-year of culinary courses, students move into career-focused courses, including:

- Applied Culinary Nutrition
- Therapeutic Cuisine
- Lifespan Nutrition
- Food Science
- Vegetarian Cuisine
- Athletic Performance Cuisine



EXAMPLE INTERNSHIP OPPORTUNITIES

- College and professional sports
- Teaching hospitals
- Medical teaching kitchens
- Spas, health and wellness centers
- Corporate wellness
- Supplemental Nutrition Assistance Program (SNAP)
- Education Extension Program
- State Food Banks

EXPAND YOUR KNOWLEDGE

Internships

Take on an internship that boosts your skills and your resume.

Study Abroad

Explore cuisine and culture in another country through a Study Abroad Program — we offer more than 50 programs in over 30 countries.

Use electives for experiences and courses beyond your major.

Minors

- Choose from a long list, including:
- Beverage Service Management
 - Culinary Sustainability
 - Craft Brewing
 - Sommelier Management

CULINARY NUTRITION CAREER POSSIBILITIES

- Performance/ sports nutrition
- School nutrition manager
- Restaurant Chef
- Personal and private chef
- Worksite wellness manager
- Healthcare dining

WHERE HAVE CULINARY NUTRITION GRADS WORKED?

- George Washington University School of Medicine and Health Sciences
- Edesia Nutrition
- Trifecta
- Norwich City Football Club of England
- U.S. International Olympic Training Center
- Military
- MLB (New York Mets)
- SEC (Clemson University)
- NFL (Green Bay Packers)
- NBA (Milwaukee Bucks)
- NHL (Boston Bruins)